



Worship

Saturdays @ the Cathedral

5:00 PM – Holy Eucharist Rite II

Sundays @ the Cathedral

8:00 AM – Holy Eucharist Rite I (no music)

9:00 AM – Holy Eucharist Rite II

11:00 AM – Holy Eucharist Rite I

Thursdays @ the Chapel

12:10 PM – Holy Eucharist Rite II

Taizé @ 5PM

First Sunday of the Month

Choral Evensong @ 5PM

Second Sunday of the Month

Special Services

March 1

Ash Wednesday

Holy Eucharist
& Imposition of Ashes

7:00 AM, 12:10 PM, 7:00 PM*

**childcare available*



March 26

Instructed Eucharist

(for more information see page 3)

Sunday @ 5 PM – Holy Eucharist Rite II

April 29 & 30

OKC Marathon Weekend

Saturday @ 5 PM – Holy Eucharist Rite II

No Sunday Morning Services

Walk in the Marathon with your St. Paul's Family!

Sunday @ 5 PM – Holy Eucharist Rite II

followed by picnic

Holy Week

Palm Sunday

April 9

5 PM - Holy Eucharist [Cathedral]

8 AM, 9 AM, 11 AM - Holy Eucharist [Cathedral] *

Monday of Holy Week

April 10

10:30 AM - Holy Eucharist with Diocesan Clergy
Renewal of Ordination Vows [Cathedral]

Tuesday of Holy Week

April 11

12:10 PM - Holy Eucharist [Chapel]

Wednesday of Holy Week

April 12

12:10 PM - Holy Eucharist [Chapel]
7 PM - Tenebrae, The Service of Shadows [Cathedral]*

Maundy Thursday

April 13

12:10 PM - Holy Eucharist with Stripping of the Altar [Chapel]

5:30 PM - Agape Meal [Dean Willey Hall]

7 PM - Holy Eucharist with Stripping of the Altar
and Footwashing [Cathedral] *

Good Friday

April 14

7 AM - Stations of the Cross [Chapel]

12:10 PM - Seven Last Words [Cathedral]

5:30 PM - Family Stations of the Cross and Dinner

7 PM - The Good Friday Liturgy [Cathedral] *

Holy Saturday

April 15

9:30 AM - Easter Festival [East Garden]

7 PM - The Easter Vigil [Cathedral] *

with Confirmation

Easter Sunday

April 16

8 AM, 9 AM, 11 AM - Holy Eucharist [Cathedral] *

10:10 AM - Easter Reception [Dean Willey Hall] *

**Childcare available*

Lent Events

Shrove Tuesday Pancake Supper

5:30 PM on February 28

\$7 Adult, \$3 Child

The service of burying the Alleluias and draping the cross will follow at 6:30 PM in the courtyard.



Wednesday Evening Dinner and Lenten Series

(March 8, 15, 22, 29)

5:30 PM Dinner \$7 Adult, \$3 Child

6:30 PM Program - What does it mean to be a Christian and a public servant? During our 4 part Lenten series we will hear from four Episcopalians who serve in our state legislature, as well as our state and federal judiciaries to share with us about how they share their faith and serve the public.

Children's Wednesday Night Program

All children will be welcome in our nursery during the Adult Lenten program for a story and a craft based on the parables of Jesus.



Making Palm Crosses

9:00 AM Saturday, April 8 in Dean Willey Hall

Children can make palm crosses, too! If you can handle a pair of scissors, you are invited to join us on Saturday morning, April 8 to help the Altar Guild make palm crosses for Palm Sunday. Personalized instruction and breakfast provided.

Movie Night - March 19

5:00 PM in Dean Willey Hall

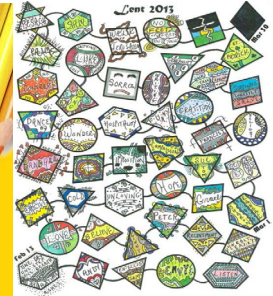
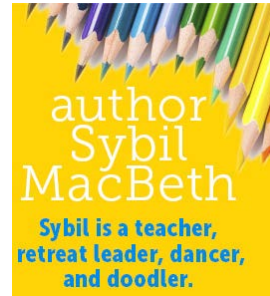
Join us in an exploration into the merging of science and spirituality in the film *What The Bleep Do We Know?* Popcorn and refreshments provided. Appropriate for age 10 and over.

2017 Lenten Spirituality Retreat

Led by Sybil MacBeth

Author of *Praying in Color*

Register by: March 20th



Author, *Praying in Color*

"A new prayer form gives God an invitation and a new door to penetrate the locked cells of our hearts and minds."

March 24th - 25th

St. Paul's Cathedral

127 NW 7th Street

Oklahoma City, OK 73102

Cost: \$50

Friday: 7:00 - 9:00 p.m. (light refreshments)

Saturday: 9:00 a.m. - 2:00 p.m. (lunch included)

Learn more on the Diocesan Website!

News and Events → Diocesan Events → 2017 Lenten Spirituality Retreat

Questions? Email sevans@epiok.org or call (405) 232-4820



March 17 & April 21

Fellowship Dance in Dean Willey Hall

Dancing and lessons for adults and upper teens with live music. Light refreshments will be provided. There is no charge for admission, although donations will be accepted to compensate the band. Please RSVP to rsvp@stpaulsokc.org or 235-3436 so that we can properly plan. BYOB (no hard liquor please).

Sunday Formation

*Are you interested in Confirmation,
Re-Affirmation or Reception?*

Holy ^{ascended}
believe Son
example heaven Lord peace help word
proclaim everlasting body neighbor power persevere hand
serve suffered Spirit seated repent
breaking saints Church judge life loving sins justice seek
dead Good dignity sin Baptismal human
died Covenant almighty earth crucified
fall teaching respect communion creator
resurrection forgiveness Jesus
conceived strive descended catholic living
Christ God
Father

*Join us for a class designed to enrich
your faith.*

Classes open to all!

March 5

God, the Trinity, and the Creeds
with Dean Lindstrom

March 12

The Bible
with the Rev. Tim Sean Youmans

March 19

The Book of Common Prayer
with Gary Derrick

March 26

Church History
with Kate Huston

April 2

Church Polity and Governance
with Canon to the Ordinary, the Rev. Bill Carroll

April 9

What do you want to know?
with Dean Lindstrom

Special Event - Instructed Eucharist

Ever wonder why we do this or say that during the Eucharistic service? Our Instructed Eucharist at 5 PM March 26 will answer all these questions and more about the Episcopal liturgy of the table.



Mindfulness

10:10 AM during Lent
March 5, 12, 19, 26 and April 2
In the Chapel of St. Paul's

Our 21st Century lives are filled to overflowing with decisions to make, appointments to keep and things to do, leaving us drained, anxious or the feeling we are sleep-walking through our lives.

Mindfulness is a tool that can help us re-focus our minds and reclaim our lives.

Mark your calendars to join Dan Morgan and Bill Parker at the 10:10 time in Lent (March 5, 12, 19, 26, and April 2.) for an introduction to the practice, history and description of Mindfulness and the personal rewards it can bring.

This short course is being taught concurrently at the OCU Law School. If you miss one of the offerings you can make it up by going across the street to our next door neighbor to make up what you missed.

Music



Tuesday, March 7, 7:30 PM

Brightmusic Concert

"Romanticism Revisited"

Admission: \$20

(students and active-duty military free with ID)

Sunday, March 12, 5:00 PM

Choral Evensong

and Organ Recital

Edwin Day, Organist

(Christ the King Catholic Church,
Oklahoma City)



Sunday, April 9, 5:00 PM

Choral Evensong

and Organ Recital

John Riester, Organist

(American Organ Institute)

Sunday, April 23, 3:00 PM

Edmond Youth Chorus Concert

Leah McDonald, Director



Children



Communion Instruction

Kids in Grades K - 3rd and Parents

Please join us for our Communion Instruction Program on March 22 and 29, as well as a special kid-involved Instructed Eucharist on March 26. Kids that complete the program will receive a certificate and will be honored on Easter Sunday morning at the 9:00 AM or 11:00 AM service.



Youth Events

March 22 (6:30 - 7:45)

Y.U.M. – Fuzzy's Tacos (Memorial Location)

March 26 (12:30 - 2:30)

Wheeler Ferris Wheel

April 9 (12:30 - 6:00)

Wichita Mountain Day Trip

April 23 (12:30 - 2:30)

OKC Arts Festival